

## American Indian<sup>1</sup> Youth Assessment Supplement

### What is it?

- A free, online assessment for American Indian youth and their caregivers
- 30-minutes average completion time
- 29 items cover knowledge and behavior in 6 content domains: Resources/Trust, Money Values, Religious/Spiritual Beliefs, Tribal Affiliation, Family/Community Values, and Living in Two Worlds
- Built in collaboration with tribal elders, community leaders, parents and youth from tribes across the United States
- Cross-tribal review in the lower 48 states of the U.S.; use with caution in Alaska
- Confidential score reports available immediately

### Who should use it, and when?

- Native American youth, anytime, to self-assess knowledge and behavior related to their identity and development
- Adult caregiver of that youth, anytime, to compare the reports of the youth and the caregiver

### Where can it be found?

- At [www.caseylifeskills.org](http://www.caseylifeskills.org)

### Why should this assessment be used?

- American Indian youth often struggle to retain their tribal values when living in large, urban settings; they may have difficulty returning to the tribal community
- Identity and spiritual development for American Indian youth may have a different pattern than that of non-native youth
- To promote conversation between the youth and responsible caregivers and adults
- To establish future learning goals using companion best practices curricula

### Should this tool be administered alone, or with something else?

- Can be administered alone
- Can be administered in conjunction with other independent living assessment and training tools available at [www.casey.org](http://www.casey.org)
- Co-administration of the American Indian assessment and the general Ansell-Casey Life Skills Assessment (ACLSA) provides a more thorough picture of a person's specific (American Indian-related) and overall life skills preparation

<sup>1</sup> The term "American Indian" was selected as the title for this assessment based on extensive feedback by actual and prospective users of this assessment, all of whom were American Indian, First Peoples, or Native Americans from a wide variety of tribes.