

Pregnant Youth Assessment Supplement

What is it?

- A free, online assessment for pregnant youth
- 30-minutes average completion time
- 33 items cover knowledge and behavior in 3 domains: Medical, Daily Habits/Care, and Safety/Well-Being
- Built in collaboration with pregnant and parenting youth
- Cross-culturally reviewed
- Confidential score reports available immediately

Who should use it, and when?

- Pregnant youth, anytime, to self-assess knowledge and behavior related to their pregnancy
- Agencies, anytime, to assess clients' pregnancy knowledge

Where can it be found?

- At www.caseylifeskills.org

Why should this assessment be used?

- Pregnant youth may lack knowledge about the medical, nutritional, and safety aspects of pregnancy
- Heightened self-awareness may lead to asking questions about proper diet, medical care, and the normal course of pregnancy
- To promote conversation between youth and responsible caregivers and adults
- To establish immediate and short term learning goals using companion best practices curricula

Should this tool be administered alone, or with something else?

- Can be administered alone
- Can be administered in conjunction with other independent living assessment and training tools available at www.caseylifeskills.org
- Co-administration of the Pregnancy assessment and the general Ansell-Casey Life Skills Assessment (ACLSA) provides a more thorough picture of a person's specific (pregnancy-related) and overall life skills preparation

